

CYCLE ROUTES KEY

- Trailhead
- Various Attractions
- CBD
- University Campus
- Historical Centre
- Access to Trailhead
- Good for Cycling*
- No Cycling Lane
- Historical Route
- Campus Route
- River Route

*These routes are suitable for cycling, running and walking (not exclusively cycling routes).

Attractions

1. Kruithuis
2. Moederkerk
3. Rhenish Church
4. Stellenbosch Mountain with trails
5. G-spot Mtb Trail
6. Kayamandi township
7. University and Rooiplein
8. Botanical Gardens
9. Jan Marais Nature Reserve
10. Ou Hoofgebou
11. Danie Craven Statue
12. Stellenbrau brewery tour and tasting
13. Landbousaal
14. Oom Samie se Winkel
15. Neelsie Student Centre

Wine estates offering something unique:

1. Stellenbosch Wine Routes
2. Lanzerac deli and wine paring
3. Middelvlei Boere Braai
4. Jordan Restaurant
5. Morgenhof Wine Estate
6. Spier
7. Vredenheim big cats
8. Mont Marie Restaurant and trails
9. Waterford with chocolate and wine paring
10. Dornier Wine Estate & Bodega restaurant
11. Helshoogte Pass with its wine farms
12. Rustenberg Wine Estate
13. Starke-Condé Wines & Postcard Café
14. Welgevallen Kelder

Museums

1. Village Museum
2. Toy & Miniature Museum
3. University Art Museum
4. Rupert Museum

Bike Rental Venues

1. Adventure Shop | www.adventureshop.co.za
2. BMT Cycle Shop | www.bmtsa.co.za
3. Ride In Cycle Shop | www.ridein.co.za
4. Dirtopia | www.dirtopia.co.za

Bicycle Tour Offerings

1. Adventure Shop

Bicycle Shops

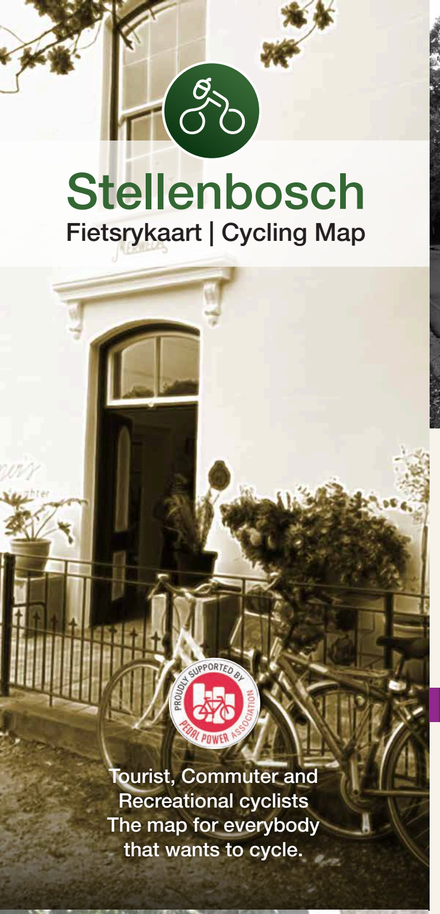
1. Mason's Bike Inn
2. BMT Cycle Shop
3. Specialized
4. Flandria Cycles
5. Outdoor Escape

0 500 1000 1500
Meters

Disclaimer: By using this map you agree that it is your sole responsibility to be medically fit and safety conscious while riding the Stellenbosch cycling routes. The roads identified in the map include busy roads that may not always make special provision for cyclists, thus requiring users to navigate traffic. Cyclists must follow all traffic rules to ensure their own safety. Stellenbosch Cycling NPC and its directors will not be liable for any claim for any damages, losses, injuries or expenses to your person or property, which may arise directly or indirectly as a result of using this map or any part thereof.

Stellenbosch

Fietsrykaart | Cycling Map



Tourist, Commuter and Recreational cyclists
The map for everybody that wants to cycle.

This project is funded by the **Pedal Power Association (PPA),** managed by **Stellenbosch Cycling NPC** and supported by local stakeholders. Please provide feedback via our website: www.stellenboschcycling.co.za

EMERGENCY NUMBERS
NOODNOMMERS

Emergency Medical Services
084 124

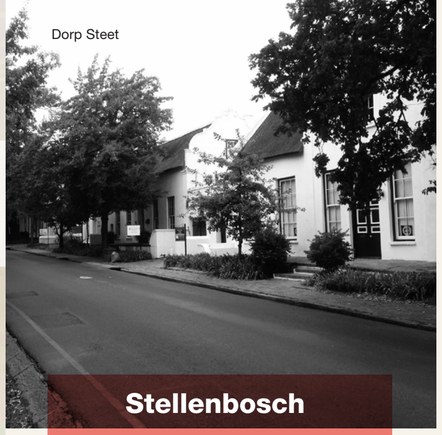
SA Paramedic Services
0862 22 55 99

Suspicious Activity
Law Enforcement
021 886 8976

An electronic version of this map is available on our website. This map will remain a work in progress.

Stellenbosch Fietsry/Cycling @stellenfietsry
www.stellenboschcycling.wordpress.com

Current Version September 2017



Dorp Steet

Stellenbosch

the ideal town to explore by bike

The historic town centre of Stellenbosch, the university campus, many neighbourhoods as well as the route along the Eerste River are flat areas and ideal for easy, smooth cycling. For the more adventurous biker, there are several good reasons why Stellenbosch, with a network of some 500 km of trails, is the *mountain bike capital* of South Africa. Some of the access routes to mountain bike routes are easily accessible as scenic routes.

Eerste River Route

The starting point is from *Aan-de-Wagenweg* at the bottom of *Dorp Street* near the R44. From Aan-de-Wagenweg, cross the bridge over the Eerste River and immediately turn left. Follow the shared path past the *Markötter Sports grounds* on your right, continue along the river and cross *Piet Retief Street*, still following the Eerste River shared path. On your right is the famous Paul Roos Gymnasium, pass the university's winery and the Coetzenburg stadiums. Follow the road until you come to the statue of *Dr Danie Craven* and his dog and the original house of Jannie Marais, great benefactor of the university. Cross the wooden bridge over the Eerste River on your left and immediately turn right following the shared path along the Eerste River until you enter *Koloniesland.*

Observe the tracks built by the *Stellenbosch Trail Fund* (STF) in the area. Enter the open field at *Koloniesland* and leave the area at the gate entering *Jannasch Street* on your left. Then turn right into *Rowan Street* and after about 150 m, turn right again into *Tuin Street*, go left in *Thibault* and where Thibault eventually turns left, turn right onto the river bank and enter the *Eerste River Park*. Make your way through this beautiful garden until you reach the Hangbrug at Vergenoeg.

You have now reached the end of the Eerste River Cycle Route and may return by various routes back to town, or you can continue into the Jonkershoek Valley and enjoy coffee or a meal at the various cafés/restaurants.

Grading: The route has a slight incline from beginning to end and is suitable for families with commuter bikes.

Distance: 3.5 Km, 35 minutes

Historic Route

The historic cycle and walking tour starts at the *Information bureau/Stellenbosch 360* in *Market Street.* Go down the street past the bureau in a westerly direction and view the *Rhenish complex*, which houses the Toy and Miniature Museum, against the backdrop of the Jonkershoek Mountains. Do an about turn and follow *Market Street* in an easterly direction until you get to the Kruithuis or Powder Magazine (1777).

Ahead of you is *the Braak*, the central square of Stellenbosch. Turn right and continue around the square. On the right you will find the Rhenish Institute, now an art centre. The Braak is bordered by the historic Rhenish Church on the southern side. Pass the church and go across the open space next to the church and cross *Bird Street* via the pedestrian crossing, turn right into Bird and left into *Church Street*. Meander through the shops and cafés of *Church Street* until you reach the town museum on the *corner of Church and Ryneveld Streets.* You will see the thatched cottage on your left. Continue along Church and reach the Moederkerk or Mother Church. Turn right into *Drostdy*, cross *Dorp Street* entering the gates of the Theological Seminary.

Go back to Dorp Street and go down Dorp Street, the oldest street of Stellenbosch and view its architectural treasures, such as La Gratitude. Cycle nearly to the bottom of Dorp Street and turn left into *Aan-de- Wagenweg.* Cross the *Eerste River* and immediately turn left onto the shared bike/footpath along the river. You will pass several bridges until you reach the *Coetzenburg Sports Grounds.* Turn left at the circle at the Coetzenburg stadium, cross the narrow concrete bridge, and immediately turn left into *the Avenue* until you reach Neethling Street on your right. Turn right into *Neethling Street*, enjoy the Victorian houses, cross the four way stop street, and carry on along Neethling. On your left is the Botanical Gardens.

When you reach *Victoria Street*, turn left, then right onto the university campus and go around the *Neelsie Student Centre* and enter the Red Square.

Ride past the statue of Jannie Marais and exit the square on the western side. When you reach *Ryneveld Street*, turn left. On the right, you will see the Old Hoofgebou/Old Main Building of the university. Continue through the circle until you reach another circle in *Plein Street.* Turn right into the *Plein*, see the Town Hall to the right and continue until you reach the circle at the bottom of Plein Street opposite the Post Office. Enter the circle, and turn left to cross the Braak, pass the Powder Magazine on your right and you end up at the *Information Bureau* where you started.

Grading: The route has a slight incline and is suitable for families with commuter bikes.

Distance: 7.5 Km, 60 minutes

Campus Route

The University of Stellenbosch started as the Stellenbosch Gymnasium in 1866 and became the Victoria College in 1887. In 1918 the University was established by means of a donation of 100 000 pounds by its benefactor Jannie Marais.

You can start your campus tour at his *statue on the Rooiplein (Red Square)*. Underneath the statue is the underground Kosie Gericke Library. From there you proceed in a westerly direction and turn left into *Ryneveld Street.* On your right, you can enter through the gates of the *Ou Hoofgebou* (Old Main Building), the oldest structure of the University. Circle this building on the right-hand side. You will pass the C L Marais library and the H B Thom theatre until you reach *Victoria Street.*

Continue up Victoria Street, passing administration and academic buildings on your left and on the right the famous Wilgenhof men's residence. Turn right into *Neethling Street*. On the left is the Conservatoire of Music. Continue along Neethling and cycle past the women's residence Harmonie on our right and the University's botanical gardens. Turn left into *Murray Street* and experience the charm of stately old Stellenbosch homes. Turn left in *Bosman* and pass more residences until you reach *Victoria Street*. Turn right at the circle and continue along Victoria Street passing more residences on the left until you reach *Marais Street*.

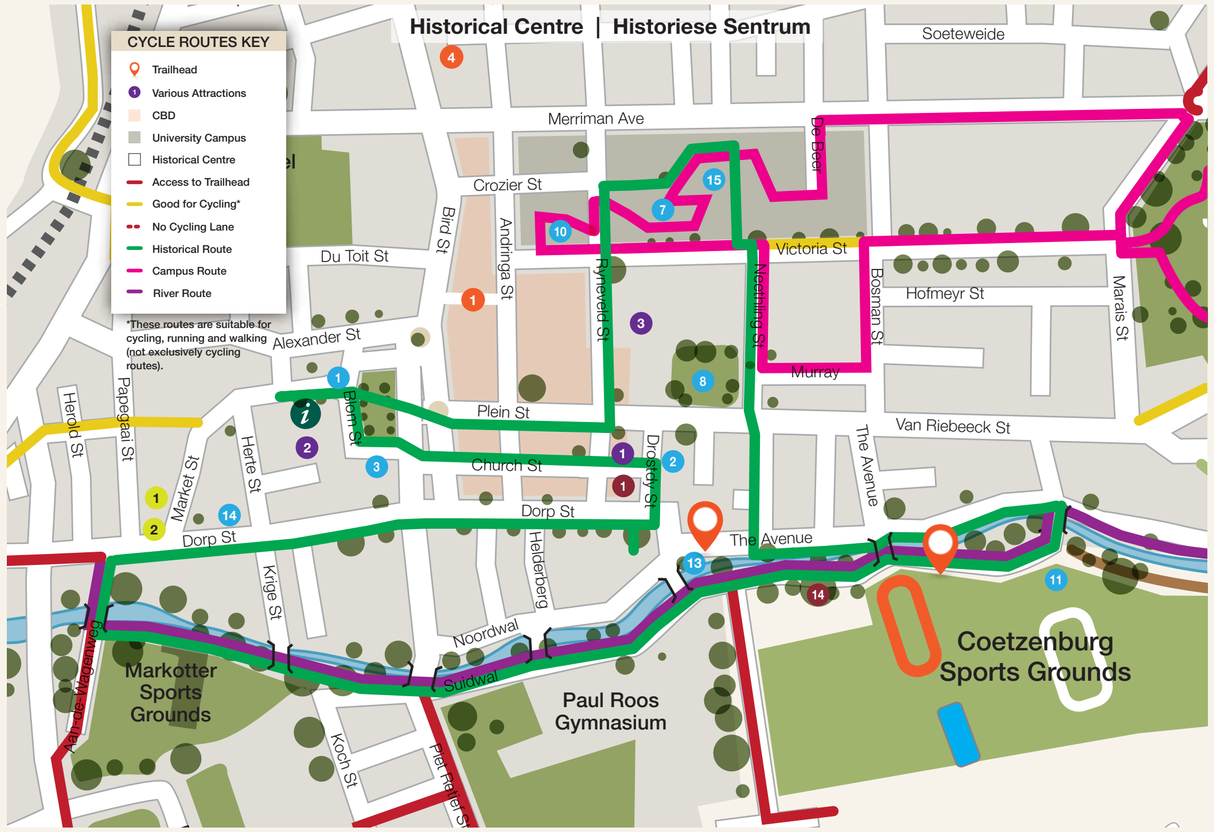
Cross Marais Street into the Jan Marais Nature Reserve. Circle the reserve at you leisure, studying the natural fauna and flora of this reserve in the centre of residential Stellenbosch. Returning to the gate, turn right onto the cycle path until you reach the big *Merriman traffic circle*. Turn left into the protected bike lane and follow the bike path down *Merriman*. Cross the first robot, turn left into De Beer, turn right at the first boom, proceed around the right-hand side of the *Neelsie Student Centre* and return to the *Rooiplein*.

Grading: The route has a slight incline and is suitable for families with commuter bikes.

Distance: 5.4 Km, 45 minutes

Scenic Cycling Routes around Stellenbosch

A number of access routes to MTB trails are also scenic cycling routes around Stellenbosch and they all end up at a restaurant, café or winery in beautiful surroundings. The 7km route up the Jonkershoek Valley (1) has several wineries, restaurants and cafés. The biggest part of the 7km Jonkershoek Valley Scenic route is a separate shared path. The 4km route to Middelvlei (3) is on the western side of town. The 7km route to Mont Marie (3) is at the end of the Blaauwklippen Road, off the R44 shared path, on the southern side of town.



MTB Routes

1. Jonkershoek MTB Trails
Trailhead: 10km from town
Trail choices: several, from beginner to pro
Shortest distance: 10km
Permits: www.engena.co.za or cash at trailhead

2. Coetzenburg MTB Trails
Trailhead: 1km from town
Trail choices: from beginner to pro, including XCM course, and access to other trail networks
Shortest distance: user decides
Permits: not needed
Donations welcome via www.stellenboschtrailfund.co.za

3. Eden | Paradyskloof | G-spot | Mont Marie MTB Trails
Trailhead: multiple, between 1 - 10km from town
Trail choices: several, from beginner to pro
Shortest distance: 10km
Permits: not needed
Donations welcome via www.stellenboschtrailfund.co.za

4. Helderberg Farm MTB Trails
Trailhead: 13km from town
Trail choices: beginner to pro, downhill and enduro options
Shortest distance: 2km
Permits: www.engena.co.za or at The Hanger Bike Co.

5. Wannabees MTB Trails
Trailhead: 10km from town
Trail choices: mostly beginner
Shortest distance: User decides
Permits: www.wannabees.co.za/day-permits

6. Bottelary MTB Trails
Trailhead: 6km from town
Trail choices: mostly intermediate
Shortest distance: Under 6km
Permits: www.bottelaryconservancy.co.za/mtb/permits/

7. L'Avenir | Nooitgedacht MTB Trails
Trailhead: 7km from town
Trail choices: beginner to intermediate
Shortest distance: Under 4km
Permits: www.dirtopia.co.za

8. Delvera MTB Trails
Trailhead: 11km from town
Trail choices: several, from beginner to pro, including 'northshore'
Shortest distance: 7km
Permits: www.dirtopia.co.za

9. Simonsberg MTB Trails
Trailhead: 11km from town
Trail choices: intermediate to pro
Shortest distance: 10km
Permits: www.dirtopia.co.za

10. Banhoek MTB Trails
Trailhead: 11km from town
Trail choices: beginner to pro
Shortest distance: 13km
Permits: www.banhoekconservancy.org

Safety first

Please be vigilant and always aware of your circumstances while cycling, especially on access routes to mountain bike trails. Preferably ride in a group or with other people. When in town, lock your bike securely with at least a u-lock or make use of safe parking facilities such as at Mason's Bike Inn or the Botanical Gardens, where there is security.